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## Newsletter

December 2012

### DOMICILIARY CARE AT ST GEORGE'S PARK – 'A LITTLE HELP RIGHT ON THE DOORSTEP'...

Whilst living at St George's Park gives you the opportunity to take advantage of all the fantastic facilities and enjoy the fabulous friendly community, sometimes you may also need a little help. This may take the form of some domestic help (cleaning, ironing etc) or even some personal care on either a short or long term basis.

If this is the case then what could be easier than using St George's Park Domiciliary Service. This bespoke service which has been running since 2006 is managed by our very own Sister Miriam, who with her team of dedicated staff offer a friendly professional service which is designed to meet the specific needs of residents. These vary from cleaning and housekeeping, help with overseeing medication, help with laundry or shopping and cooking (or meals delivered from the restaurant), through to personal care and assistance.

Currently they offer domestic help for around 50 people and personal care for around 15. Sister Miriam said that they are now also able to offer an 'After Care' service which is especially designed for anybody that may have been in hospital and would like a little extra help for a couple of weeks when they come home. She went on to say, I speak to many of the residents and they all say that even if they haven't used us yet it is very reassuring to know that a little help is right on their doorstep.



Sister Miriam



are quickly cleared by the dedicated 'Snow Team' allowing residents to use all the villages' facilities with ease.

### ST GEORGE'S READY FOR WINTER

The last two winters have brought snow to Sussex, making it hard to get around, with both driving and walking becoming quite hazardous. However at St George's Park this has not been the case due to contingencies that have been put in place. At any one time the estate has 10 tonnes of salt in stock, we have purchased a snow plough to fit on the farms tractor and grit bins and tools are readily available. All this means that the roads and paths



### NEW RADIO ADVERT

Over the last few months our two new radio adverts have been playing on our local radio station Bright FM. The adverts have been really well received and feature one of our earliest residents. To hear the adverts, go to our website [www.stgeorgespark.co.uk](http://www.stgeorgespark.co.uk) and the link can be found on the front page.



### LATEST AERIAL VIEW

This is the latest in the series of Aerial Photos of the village we have featured in our news letters. The image was taken in Sept 2012 and clearly shows the lake in the foreground with Chestnut View just above it. You can also see the proposed location for the last phase in the space between the two front blocks.



Hospitality Staff

## ST GEORGE'S PARK PARTICIPATES IN THE AGE UK 'DONATE A COAT CAMPAIGN'

The residents of the village have been extremely generous with their donations of unwanted coats. In the first week of the campaign we have already collected an amazing 35 coats.

This is the third year of the campaign which calls for everyone to spread the warmth by donating

old winter coats to AGE UK shops so they can be sold on and loved again – with all the profits going to AGE UK's vital Winter Warmer work.

We are hoping that by the end of the appeal we will be able to deliver 50 coats to our local AGE UK shop.

If you have any unwanted coats please take part and donate them to your nearest AGE UK shop.

## AUGUSTINIAN CARE DONATE A NEW MINI BUS TO THE VILLAGE

The village has recently acquired its own brand new 16 seat minibus. This was donated by the Landlord and Developer of the village, Augustinian Care. The minibus was handed over to the village in a ceremony attended by members of the Charity and Residents.

The striking blue bus holds up to 16 passengers and is also able to accommodate wheelchairs via the tailgate. The bus is already in constant use with daily weekday shopping trips to the local towns of Burgess Hill and Haywards Heath. Trips to the theatre and garden centres have already taken place with future excursions planned.



Rocky

## OUR MENAGERIE CONTINUES TO GROW....

Two more new arrivals have joined the collection of animals on our farm. The two miniature ponies named Zara and Rocky recently arrived and are settling in nicely. They have joined the other recent arrivals which included a female donkey

(Daisy) and her foal (Pebbles).

These now accompany the three Water Buffalo, two Highland cattle, Alpacas, Pigs and the herd of Sussex cattle along with the sheep, turkeys, rabbits and ferrets. A visit to the farm and feeding the ducks on the lake are firm favourites with Residents and their Grandchildren.

## CHESTNUT VIEW

The latest and penultimate phase of the village Chestnut View has been a great success with only 3 of the 21 apartments still available. Many of the residents have now moved in and are enjoying the fabulous views the block has to offer.

The last few remaining apartments are available for viewing via the Marketing Suite, 01444 259732.



## HOW TO KEEP BUSY AT ST GEORGE'S PARK

As the village continues to grow so does the opportunity to participate in the vast array of activities and social events on offer.

The number of social events has grown and now in addition to the regular events such as St George's Day, Firework Display, Christmas Carol Concert and Ascot Ladies Day, to name a few, there are many other events. These include Tea Time Talks, Trips to the Theatre, Tea Parties and Quizzes.

As well as all the social activities there are many clubs which cater for numerous interests, these include Scrabble, Bridge, Mah Jong, Knit and Natter, two Book Clubs, Computer Courses, Cribbage, Drawing and Painting and two Choirs.

For the more active, facilities include The Gym, Bowling and Croquet Greens, Indoor Short Mat Bowls, Short Tennis, Snooker and Table Tennis. There is fishing in the lake as well as miles of country walks and the potential for cycling in and around the grounds.

All the clubs and activities are very informal and relaxed so if you want to join in many or maybe just the occasional event there is something for everyone.

